

Dear

I just wanted to send you an email to enquire how you are after last night's class.

I hope the discomfort you felt at the time has now diminished but if not or if you have any cause for concern, please contact your GP.

I am looking forward to seeing you again in class but if for any reason you feel you are not able to attend, please know that I will freeze your payments until you return.

Please feel free to contact me with any questions.

Kindest regards

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